



RESOURCE CENTRAL



Tuberous Sclerosis Resources

- ▶ Children's Hospital Boston: childrenshospital.org/az/Site604/mainpageS604Po.html
- ▶ Children's Hospital Denver Tuberous Sclerosis Clinic: thechildrenshospital.org/conditions/nervous/conditions/tuberous-sclerosis.aspx
- ▶ Cincinnati Children's Hospital Tuberous Sclerosis Program: cincinnatichildrens.org/svc/alpha/t/tuberous-sclerosis
- ▶ Massachusetts General Hospital TS Family Stories: massgeneral.org/livingwithtsc
- ▶ Freeman JM, Kossoff EH, Freeman JB, Kelly MT. *The Ketogenic Diet: A Treatment for Children and Others with Epilepsy*. 4th ed. New York: Demos; 2007.
- ▶ National Institute of Neurologic Disorders and Stroke: ninds.nih.gov/disorders/tuberous_sclerosis
- ▶ SeizureTracker: seizuretracker.com
- ▶ TS Alliance: tsalliance.org

Aphasia Resources

- ▶ Aphasia Hope Foundation: aphasiahope.org
- ▶ Aphasia Now, an organization created by people with aphasia for people with aphasia: aphasianow.org
- ▶ American Speech-Language-Hearing Association: asha.org/slp/clinical/Aphasia.htm
- ▶ Boston University Aphasia Resource Center: bu.edu/aphasiacenter
- ▶ National Aphasia Association, which provides a listing of community and support groups in the U.S. and Canada: aphasia.org
- ▶ University of Michigan Aphasia Program: aphasiahelp.com

Assistance Directory

For a full listing of patient organizations, go to neurologynow.com

HELP FOR ALL NEUROLOGICAL DISORDERS

American Academy of Neurology Web site
aan.com/patients
1-800-879-1960

CaringBridge®
(free, personalized Web sites to support your health journey)
Caringbridge.org
651-452-7940

National Institute of Neurological Disorders and Stroke
ninds.nih.gov

Well Spouse Association
wellspouse.org
1-800-838-0879

ALZHEIMER'S DISEASE

Alzheimer's Association
alz.org
1-800-272-3900

Alzheimer's Disease Education and Referral Center
alzheimers.org
1-800-438-4380

Alzheimer's Foundation of America
alzfdn.org
1-866-232-8484

Association for Frontotemporal Dementias
FTD-Picks.org
1-866-507-7222

AUTISM

Autism Society of America
autism-society.org
1-800-3AUTISM (1-800-328-8476)

Autism Speaks, Inc.
autismspeaks.org
212-252-8584

CONCUSSION: COURTESY OF BETH MALLON; BRAIN: DEBBI SMIRNOFF/ISTOCKPHOTO

Global and Regional Asperger
Syndrome Partnership
grasp.org
1-888-474-7277

BRAIN TUMOR

American Brain Tumor Association
abta.org
1-800-886-2282

National Brain Tumor Society
braintumor.org
1-800-934-2873

CEREBRAL PALSY

United Cerebral Palsy
ucp.org; 1-800-872-5827

DYSTONIA

American Dystonia Society
310-237-5478
dystonia.us

Dystonia Foundation
dystonia-foundation.org
1-800-377-DYST (1-800-377-3978)

Spasmodic Torticollis
spasmodictorticollis.org
1-888-445-4588

EPILEPSY AND SEIZURES

Citizens United for Research
in Epilepsy (CURE)
CUREepilepsy.org; 312-255-1801

Epilepsy Foundation
epilepsyfoundation.org
1-800-332-1000

Epilepsy Therapy Project
epilepsy.com/epilepsy_therapy_project
540-687-8077

SeizureTracker
SeizureTracker.com
info@seizuretracker.com

HEADACHE / MIGRAINE

American Headache Society Committee
for Headache Education (ACHE)
achenet.org
856-423-0043

Migraine Research Foundation
migraineresearchfoundation.org
212-249-5402

National Headache Foundation
headaches.org
888-NHF-5552 (888-643-5552)

HUNTINGTON'S DISEASE

Hereditary Disease Foundation
hdfoundation.org
212-928-2121

Huntington's Disease Society of America
hdsa.org
1-800-345-HDSA (1-800-345-4372)

The National Amyotrophic Lateral Sclerosis (ALS) Registry

It's Here!

www.cdc.gov/als
(800)232-4636



U.S. Department of
Health and Human Services
Agency for Toxic Substances
and Disease Registry

Lou Gehrig™ licensed by the Rip Van Winkle
Foundation: www.LouGehrig.com

REGULAR, UNCONTROLLED PARTIAL-ONSET SEIZURES?

BE INFORMED. GET SUPPORT. BE EMPOWERED.

About 1 in 3 people with epilepsy who take antiepileptic medication(s) still get seizures. Others get unwanted side effects. New medications to control seizures are needed. But this can happen only through clinical trials and the participation of people like yourself.

If you have uncontrolled partial-onset seizures, consider joining a clinical research study. This clinical study will determine if an investigational treatment works when it is added to your existing antiepileptic medication(s).

You may qualify if you:

- Are 16 years of age or over
- Were diagnosed with epilepsy at least 12 months ago
- Are currently taking one or two antiepileptic medications
- Have had at least 4 partial-onset seizures in the past 4 weeks
- Are willing to document your seizures on a daily basis
- Can provide documentation of your epilepsy diagnosis

If you qualify:

You will receive at no cost to you:

- Care from a team of medical specialists
- Study-related exams and tests, with monitoring of seizures and overall health status
- Investigational study medication or a placebo (an inactive substance)
- Compensation for time and travel to and from study visits may be provided

There is no penalty if the clinical trial doctor is outside your insurer's network.

JOIN A CLINICAL RESEARCH STUDY TO LEARN MORE ABOUT YOUR SEIZURES.
FIND OUT MORE AND SEE IF YOU MAY QUALIFY.

1.888.565.0249 ResearchForEpilepsy.net



A Walking Aid Designed for Neurological Conditions!

"The U-Step is ideal for patients with multiple sclerosis, parkinson's disease, cerebellar ataxia, muscular dystrophy, ALS, stroke and head trauma."

— Pat Casey, MS, OTR/R
Department of Neurology at Northwestern
Medical Facility Foundation, Chicago, IL

Stability & Safety

The *U-Step's* ultra-stable foundation braces your patient in every direction — it surrounds and moves with him.

The innovative braking system is safe and easy to use. Unlike other walkers, the *U-Step* will not roll until the hand brakes are squeezed.

LaserLight™ for Parkinson's

Introducing *LaserLight™* an exclusive optional feature of the *U-Step*, which is designed specifically to help people with Parkinson's Disease.

Optional feature:
red button for operating
LaserLight™



Features & Benefits

- Improves posture & walking stride
- Rolling resistance control
- Easy turning in tight areas
- Single hand braking
- Height adjustable
- Folds for transport



Medicare Reimbursable



In-Step Mobility Products Corp. **1.800.558.7837**

8027 N. Monticello, Skokie, IL 60076 walkers@ustep.com www.ustep.com

HYDROCEPHALUS

Hydrocephalus Association
hydroassoc.org
1-888-598-3789

National Hydrocephalus Foundation
nhfonline.org
1-888-857-3434

MULTIPLE SCLEROSIS

MSFriends
msfriends.org
1-877-MSFRIENDS

MSWorld
msworld.org

Multiple Sclerosis Association of America
msassociation.org
1-800-532-7667

Multiple Sclerosis Foundation
msfocus.org
1-800-225-6495

National Multiple Sclerosis Society
nationalmssociety.org
1-800-FIGHT-MS (1-800-344-4867)

MYASTHENIA GRAVIS

Myasthenia Gravis Foundation of America
myasthenia.org
1-800-541-5454

NEUROMUSCULAR DISEASES

ALS Association
alsa.org
1-800-782-4747

Charcot-Marie-Tooth Association
charcot-marie-tooth.org
610-499-9264
1-800-606-CMTA (2682)

NEUROBICS ANSWERS

CONTINUED FROM P. 14

1. WILLIAM SHAKESPEARE
2. ARTHUR CONAN DOYLE
3. MARK TWAIN
4. BEATRIX POTTER
5. ISAAC ASIMOV
6. ERNEST HEMINGWAY
7. LOUISA MAY ALCOTT
8. NEIL SIMON



LONG-TERM CARE INSURANCE

For information on Long-Term Care Insurance for individuals with **Multiple Sclerosis** or **Parkinson's Disease**, and to see if you qualify, please contact American Insurance Planners Today.

AP
AMERICAN
INSURANCE PLANNERS, INC.
800.789.5191
INFO@AIPLANNERS.COM

Not available in all states.

Kennedy's Disease Association
kennedysdisease.org
559-658-5950

Moebius Syndrome Foundation
moebiusdisease.com
1-660-834-3406

Muscular Dystrophy Association
mda.org
1-800-FIGHT-MD (1-800-344-4863)

Neuropathy Association
neuropathy.org
212-692-0662

Spastic Paraplegia Foundation, Inc.
sp-foundation.org; 1-877-773-4483

PARKINSON'S DISEASE & MOVEMENT DISORDERS

American Parkinson Disease Association
apdaparkinson.org
1-800-223-2732

Foundation for PSP, CBD and Related Brain Diseases
curepsp.org
1-800-457-4777

International Essential Tremor Foundation
essentialtremor.org
1-888-387-3667

Lewy Body Dementia Association
lbda.org
404-935-6444

National Ataxia Foundation
ataxia.org
763-553-0020

National Parkinson Foundation
parkinson.org
1-800-327-4545

Parkinson's Disease Foundation
pdf.org
1-800-457-6676

The Parkinson's Institute and Clinical Center
thepi.org; 1-800-655-2273

SLEEP

National Sleep Foundation
sleepfoundation.org
202-347-3471

STROKE

American Stroke Association:
A Division of American Heart Association
strokeassociation.org
1-888-4STROKE (478-7653)

National Stroke Association
stroke.org
1-800-STROKES (787-6537)

TRAUMA

Brain Injury Association of America
biausa.org; 1-800-444-6443



What Treatments Are Most Effective for Diabetic Nerve Pain?

What medications can help millions of people who live with diabetic nerve pain?
Can electric nerve stimulation provide pain relief?

Learn what neurologists recommend.

The American Academy of Neurology has published Treatment of Painful Diabetic Neuropathy, an evidence-based medical guideline that identifies the most effective treatments for pain from nerve damage in people with diabetes.

Go online to ► www.aan.com/guidelines

to read the summary or the complete guideline.

American Academy of Neurology practice guidelines examine medical evidence on how to best diagnose and treat neurologic disorders. Use these guidelines and patient/family summaries to learn more about:

- Brain injury
- Child neurology
- Dementia
- Movement disorders
- Epilepsy
- Headache and migraine
- Multiple sclerosis
- Neuromuscular disorders
- Stroke

American Academy of Neurology Practice Guidelines
Best Evidence ♦ Best Treatments ♦ Best Outcomes

