

Alzheimer's Disease Studies

he federal government keeps detailed lists of clinical trials recruiting patients with all types of memory problems—from mild cognitive impairment to Alzheimer's disease (AD). It is the hope of AD investigators that soon there will be prevention trials in people who know that they carry one of the genes that increase the odds of developing AD in later years.

There are many reasons to join a study. Altruism is one, of course. But many people sign on to clinical studies to test experimental drugs with hopes that it will reduce symptoms, reverse the brain changes, or stop the progression of the disease.

There are also thousands of other studies designed to test neurocognitive changes, brain changes, genetic risks, environmental factors, and prevention. There are studies to develop biomarkers that could help identify factors in the brain, blood, or spinal fluid that could be useful in diagnosis or in testing the benefits and risks of experimental treatments.

"The main reason that we know the genes for AD is through these families," says Kenneth Kosik, M.D., co-director of the Neuroscience Research Institute at the University of California in Santa Barbara. "And knowing the genes have allowed us to figure out what is going wrong in the disease."

Alzheimer's Disease Resources

For information on AD and joining a trial, visit these Web sites:

- Alzheimer's Association: alz.org
- Alzheimer's Association Memory Ride: memoryride.org
- Alzheimer's Foundation of America: alzfdn.org
- Alzheimer's Research Forum: alzforum.org
- Clinical Trials: clinicaltrials.gov
- National Institute on Aging: nia.nih.gov

Assistance Directory

For a full listing of patient organizations, go to neurologynow.com

HELP FOR ALL NEUROLOGICAL DISORDERS

American Academy of Neurology Web site aan.com/patients 1-800-879-1960

CaringBridge® (free, personalized Web sites to support your health journey) Caringbridge.org 651-452-7940

National Institute of Neurological Disorders and Stroke ninds.nih.gov

Well Spouse Association wellspouse.org 1-800-838-0879

ALZHEIMER'S DISEASE

Alzheimer's Disease Education and Referral Center alzheimers.org 1-800-438-4380

Association for Frontotemporal Dementias FTD-Picks.org 1-866-507-7222

AUTISM

Autism Society of America autism-society.org 1-800-3AUTISM (1-800-328-8476)

Autism Speaks, Inc. autismspeaks.org 212-252-8584

BRAIN TUMOR

American Brain Tumor Association abta.org 1-800-886-2282

CEREBRAL PALSY

United Cerebral Palsy ucp.org; 1-800-872-5827

DYSTONIA

American Dystonia Society dystonia.us, support.dystonia.us 310-237-5478

Dystonia Foundation dystonia-foundation.org 1-800-377-DYST (1-800-377-3978)

Spasmodic Torticollis spasmodictorticollis.org 1-888-445-4588

EPILEPSY AND SEIZURES

Citizens United for Research in Epilepsy (CURE)

CUREepilepsy.org; 312-255-1801

Epilepsy Foundation epilepsyfoundation.org 1-800-332-1000

Epilepsy Therapy Project epilepsy.com/epilepsy_therapy_project 540-687-8077

HEADACHE / MIGRAINE

American Headache Society Committee for Headache Education (ACHE) achenet.org 856-423-0043

Migraine Research Foundation migraineresearchfoundation.org 212-249-5402

HUNTINGTON'S DISEASE

Hereditary Disease Foundation hdfoundation.org 212-928-2121

Huntington's Disease Society of America hdsa.org 1-800-345-HDSA (1-800-345-4372)

HYDROCEPHALUS

Hydrocephalus Association hydroassoc.org 1-888-598-3789

MULTIPLE SCLEROSIS

MSFriends

msfriends.org; 1-877-MSFRIENDS

MSWorld msworld.org

Multiple Sclerosis Association of America msassociation.org; 1-800-532-7667

Multiple Sclerosis Foundation msfocus.org 1-800-225-6495

A Walking Aid Designed for Neurological Conditions!

"The U-Step is ideal for patients with multiple sclerosis, parkinson's disease, cerebullar ataxia, muscular dystrophy, ALS, stroke and head trauma.

- Pat Casey, MS, OTR/R Department of Neurology at Northwestern Medical Facility Foundation, Chicago, IL

Stability & Safety

The *U-Step's* ultra-stable foundation braces your patient in every direction — it surrounds and moves with him.

The innovative braking system is safe and easy to use. Unlike other walkers, the *U-Step* will <u>not</u> roll until the hand brakes are squeezed.

LaserLight[™] for Parkinson's

Introducing LaserLight™an exclusive optional feature of the *U-Step*, which is designed specificially to help people with Parkinson's Disease

Optional feature: red button for operating LaserLight"



Features & Benefits

- Improves posture & walking stride
- Rolling resistance control Easy turning in tight areas
- Single hand braking
- Heiaht adjustable
- Folds for transport



Medicare Reimbursable

In-Step Mobility Products Corp. <u>1.800.558.7837</u>

8027 N. Monticello, Skokie, IL 60076 walkers@ustep.com



Toll-free 1-888-279-EPGP

EPILEPSY PHENOME/GENOME PROJECT

The Epilepsy Phenome/Genome Project (EPGP) is a collaborative effort to understand the causes of epilepsy, why people respond differently to medications, and why some families have several people with seizures.

The study is enrolling:

People with epilepsy who also have a brother, sister, parent, or child with epilepsy -or-

People with seizures due to Infantile Spasms, Lennox-Gastaut Syndrome, polymicrogyria, or periventricular heterotopias

Please join us to unlock the mysteries of epilepsy!

To learn more about epilepsy and EPGP, please go to:

Epilepsy Foundation:

www.epilepsyfoundation.org/research/epgp.cfm

www.epgp.org

info@epgp.org

Epilepsy Therapy Project: www.epilepsy.com/articles/epgp

epilepsy

RESOURCE CENTRAL

National Multiple Sclerosis Society nationalmssociety.org 1-800-FIGHT-MS (1-800-344-4867)

MYASTHENIA GRAVIS

Myasthenia Gravis Alliance mgdirect.org 800-643-0808, 212-533-7005

Myasthenia Gravis Foundation of America myasthenia.org

1-800-541-5454

NEUROMUSCULAR DISEASES

ALS Association alsa.org 1-800-782-4747

Charcot-Marie-Tooth Association charcot-marie-tooth.org 610-499-9264 1-800-606-CMTA (2682)



Kennedy's Disease Association kennedysdisease.org 559-658-5950

Moebius Syndrome Foundation moebiussyndrome.com 1-660-834-3406

Muscular Dystrophy Association mda.org

1-800-FIGHT-MD (1-800-344-4863)

Neuropathy Association neuropathy.org 212-692-0662

Spastic Paraplegia Foundation, Inc. sp-foundation.org 1-877-773-4483

PARKINSON'S DISEASE & MOVEMENT DISORDERS

American Parkinson Disease Association apdaparkinson.org 1-800-223-2732

Foundation for PSP, CBD and Related Brain Diseases curepsp.org

1-800-457-4777

International Essential **Tremor Foundation** essentialtremor.org 1-888-387-3667

Lewy Body Dementia Association lbda.org; 404-935-6444

National Ataxia Foundation ataxia.org

763-553-0020

National Parkinson Foundation parkinson.org 1-800-327-4545

Parkinson's Disease Foundation pdf.org

1-800-457-6676

The Parkinson's Institute and Clinical Center thepi.org 1-800-655-2273

STROKE

American Stroke Association: A Division of American Heart Association strokeassociation.org 1-888-4STROKE (478-7653)

National Stroke Association stroke.org 1-800-STROKES (787-6537)

TOURETTE SYNDROME

Tourette Syndrome Association tsa-usa.org 718-224-2999

TRAUMA

Brain Injury Association of America biausa.org 1-800-444-6443

National Neuropathy Week



Peripheral neuropathy is a 24/7/365 battle for more than 20 million

people in the U.S. Until we find better treatments and cures for neuropathy, every week is Neuropathy Week, every day is Neuropathy Day. Everyone who has or cares about someone with neuropathy has got to be counted as someone who cares about the issues facing the neuropathy community.

At the recommendation of The Neuropathy Association—since 2005—the third week of May is held for us on the federal government's official Calendar of National Health Observances. This year's observance will take place May 16 - 20, 2011. Visit neuropathy.org in the coming weeks for information on National Neuropathy Week events, media opportunities, and other ways to get involved.