# OPHER BARR



## RESOURCE CENTRAL



he Migraine Research Foundation provides funding to researchers who are studying the causes and treatments of migraines. President Cathy Glaser founded the non-profit five years ago with her husband, Stephen Semlitz, after watching their daughter Samantha cope with debilitating migraines, which began when she was just 3 years old. The Glasers hope to redress the lack of funding for migraine research.

"I believe we will see individualized migraine medications available in the future," Glaser says. Her foundation is currently funding research exploring genetic factors for cardiovascular risk in women with migraines and the development of improved preventive migraine treatments.

The Foundation offers a Facebook support group for migraine sufferers, a list of doctors certified in headache medicine, and a list of headache centers for both adults and children. Visit migraineresearchfoundation.org.

Other organizations that provide support for people with migraine and other headaches include:

American Headache Society Committee for Headache Education (ACHE) achenet.org

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856-423-0043

American Pain Foundation painfoundation.org 888-615-PAIN (7246)

National Headache Foundation

**headaches.org** 312-274-2650 or

888-NHF-5552 (643-5552)

### For More on Migraine

- patients.aan.com (click on "migraine" and "headache" on the list of conditions.)
- Migraine and Other Headaches, by William B. Young, M.D., and Stephen D. Silberstein, M.D (ISBN: 978-1-932603-14-9; published 2006; 256 pages; \$19.95), from the American Academy of Neurology (AAN) and published by Demos Health, can be ordered at
- aan.com/store or purchased from Barnes & Noble, Borders, Amazon, or your local independent bookseller.
- "Migraine frequency and risk of cardiovascular disease in women," by Eve Klein, M.D. and David Spencer, M.D. This "Patient Page" of the AAN's journal Neurology, originally published in August 2009, is available at tinyurl. com/http-patientpages-com.

## **Assistance Directory**

For a full listing of patient organizations, go to **neurologynow.com** 

### HELP FOR ALL NEUROLOGICAL DISORDERS

American Academy of Neurology Foundation aan.com/patients

AAN Website (For doctors, patients, and caregivers) aan.com

National Institute of Neurological Disorders and Stroke ninds.nih.gov

Well Spouse Association wellspouse.org 1-800-838-0879

#### **ALZHEIMER'S DISEASE**

Alzheimer's Association alz.org 1-800-272-3900

Alzheimer's Disease Education and Referral Center alzheimers.org 1-800-438-4380

Alzheimer's Foundation of America alzfdn.org 1-866-232-8484

Association for Frontotemporal Dementias FTD-Picks.org 1-866-507-7222

#### **AUTISM**

Autism Society of America autism-society.org 1-800-3AUTISM (1-800-328-8476)

Autism Speaks, Inc. autismspeaks.org 212-252-8584

## RESOURCE CENTRAL

Global and Regional Asperger Syndrome Partnership grasp.org 1-888-474-7277

#### **BRAIN TUMOR**

American Brain Tumor Association abta.org 1-800-886-2282

National Brain Tumor Society Braintumor.org 1-800-934-2873

#### **CEREBRAL PALSY**

United Cerebral Palsy ucp.org 1-800-872-5827

#### **DYSTONIA**

Dystonia Foundation dystonia-foundation.org 1-800-377-DYST (1-800-377-3978)

Spasmodic Torticollis spasmodictorticollis.org 1-888-445-4588

#### **EPILEPSY AND SEIZURES**

Citizens United for Research in Epilepsy (CURE) CUREepilepsy.org 312-255-1801 Epilepsy Foundation epilepsyfoundation.org 1-800-332-1000

#### **HUNTINGTON'S DISEASE**

Hereditary Disease Foundation hdfoundation.org 212-928-2121

Huntington's Disease Society of America hdsa.org

1-800-345-HDSA (1-800-345-4372)

#### **HYDROCEPHALUS**

Hydrocephalus Association hydroassoc.org; 1-888-598-3789

National Hydrocephalus Foundation **nhfonline.org** 1-888-857-3434

#### **MULTIPLE SCLEROSIS**

MSFriends msfriends.org 1-877-MSFRIENDS

MSWorld msworld.org

Multiple Sclerosis Association of America msassociation.org, 1-800-532-7667

## **Stroke Organizations** and Resources

#### **ORGANIZATIONS:**

National Aphasia Association aphasia.org

212-267-2814 or 800-922-4NAA (4622)

American Stroke Association: A Division of American Heart Association strokeassociation.org 1-888-4STROKE (478-7653)

Brain Aneurysm Foundation bafound.org 781-826-5556 or 888-BRAIN02 (272-4602)

Brain Attack Coalition stroke-site.org 301-496-5751 National Stroke Association stroke.org

303-649-9299 or 800-STROKES (787-6537)

Children's Hemiplegia and Stroke Assoc. (CHASA)

chasa.org

817-492-4325

Hazel K. Goddess Fund for Stroke Research in Women thegoddessfund.org 212-713-6789

WEB SITES, BOOKS, AND ARTICLES:

- patients.aan.com (click on "stroke" on the list of conditions)
- Stroke, by Louis R. Caplan, M.D. (ISBN: 978-1932603149; 2005; 256 pages; \$19.95). Available at aan.com/store and other online and retail booksellers.

Multiple Sclerosis Foundation msfocus.org 1-800-225-6495

National Multiple Sclerosis Society nationalmssociety.org 1-800-FIGHT-MS (1-800-344-4867)

#### **MYASTHENIA GRAVIS**

Myasthenia Gravis Foundation of America myasthenia.org 1-800-541-5454

#### **NEUROMUSCULAR DISEASES**

ALS Association alsa.org 1-800-782-4747

Charcot-Marie-Tooth Association charcot-marie-tooth.org 610-499-9264 1-800-606-CMTA (2682)

#### **NEUROBICS ANSWERS** CONTINUED FROM P. 10

RED BLUE YELLOW GRAY
GREEN BLACK RED GREEN
YELLOW BLACK BLUE GRAY
YELLOW BLACK RED BLUE
GRAY RED BLACK GREEN
BLUE GREEN YELLOW GRAY
YELLOW BLACK RED BLUE
BLACK GREEN RED GREEN
BLUE GRAY YELLOW GRAY

1. The 6 outlined words correctly name the actual color the word is written in.

RED BLUE YELLOW GRAY
GREEN BLACK RED GREEN
YELLOW BLACK BLUE GRAY
YELLOW BLACK RED BLUE
GRAY RED BLACK GREEN
BLUE GREEN YELLOW GRAY
YELLOW BLACK RED BLUE
BLACK GREEN RED GREEN
BLUE GRAY YELLOW GRAY

2. The 12 outlined words correctly name the color of the following or preceding word

Kennedy's Disease Association kennedysdisease.org 559-658-5950

Moebius Syndrome Foundation moebiussyndrome.com 1-660-834-3406

Muscular Dystrophy Association mda.org

1-800-FIGHT-MD (1-800-344-4863)

**Neuropathy Association** neuropathy.org; 212-692-0662

Spastic Paraplegia Foundation, Inc. **sp-foundation.org**; 1-877-773-4483

#### **PARKINSON'S DISEASE & MOVEMENT DISORDERS**

American Parkinson Disease Association apdaparkinson.org 1-800-223-2732

International Essential Tremor Foundation essentialtremor.org 1-888-387-3667

Lewy Body Dementia Association lbda.org

Michael J. Fox Foundation for Parkinson's Research michaelifox.org; 1-800-708-7644

National Ataxia Foundation ataxia.org 763-553-0020

**National Parkinson Foundation** parkinson.org 1-800-327-4545

Parkinson's Disease Foundation pdf.org 1-800-457-6676

Society for Progressive Supranuclear Palsy curepsp.org 1-800-457-4777

#### **SLEEP**

National Sleep Foundation sleepfoundation.org 202-347-3471

#### **TOURETTE SYNDROME**

**Tourette Syndrome Association** tsa-usa.org 718-224-2999

#### **TRAUMA**

Brain Injury Association of America biausa.org 1-800-444-6443

### A Walking Aid Designed for Neurological Conditions!

"The U-Step is ideal for patients with multiple sclerosis, parkinson's disease, cerebullar ataxia, muscular dystrophy, ALS, stroke and head trauma.

- Pat Casey, MS, OTR/R Department of Neurology at Northwestern Medical Facility Foundation, Chicago, IL

#### Stability & Safety

The *U-Step's* ultra-stable foundation braces your patient in every direction — it surrounds and moves with him.

The innovative braking system is safe and easy to use. Unlike other walkers, the *U-Step* will <u>not</u> roll until the hand brakes are squeezed.

#### LaserLight™ for Parkinson's

Introducing LaserLight™an exclusive optional feature of the *U-Step*, which is designed specificially to help people with Parkinson's Disease

Optional feature: red button for operating LaserLight"



#### Features & Benefits

- Improves posture & walking stride
- Rolling resistance control Easy turning in tight areas
- Single hand braking
- Heiaht adjustable
- Folds for transport



Medicare Reimbursable

In-Step Mobility Products Corp. **1.800.558.7837** 

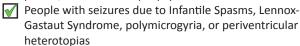
8027 N. Monticello, Skokie, IL 60076 walkers@ustep.com

### EPILEPSY PHENOME/GENOME PROJECT

The Epilepsy Phenome/Genome Project (EPGP) is a collaborative effort to understand the causes of epilepsy, why people respond differently to medications, and why some families have several people with seizures.

#### The study is enrolling:

People with epilepsy who also have a brother, sister, parent, or child with epilepsy -or-



Please join us to unlock the mysteries of epilepsy!

To learn more about epilepsy and EPGP, please go to:

#### **Epilepsy Foundation:**

www.epilepsyfoundation.org/research/epgp.cfm

**Epilepsy Therapy Project:** www.epilepsy.com/articles/epgp



info@epgp.org Toll-free 1-888-279-EPGP





