

## NEUROLOGY NOW

## @Your Service

## YOUR VOICES

**LETTERS TO THE EDITOR:** Correspondence for publication on this LETTERS page must include name, address, and daytime phone number, and may be edited for purposes of space and clarity. It should be e-mailed to [neurologynow@lwwny.com](mailto:neurologynow@lwwny.com), faxed to 646-674-6500, or mailed to 333 Seventh Ave., 19th Floor, New York, NY 10001.

**PERSONAL ESSAYS:** The SPEAK UP essay is a forum for people who live with neurological conditions and those who care for them. Submissions should be kept to 600 words and sent to the addresses above.

**ASK THE EXPERTS:** If you have a question for a doctor to answer in our ASK THE EXPERTS department, send it to the addresses above.



## SUBSCRIPTIONS

You may order a subscription—available for free to individuals with a neurological disorder and their families and caregivers—through the following methods.

**PHONE:** Call 1-800-422-2681.

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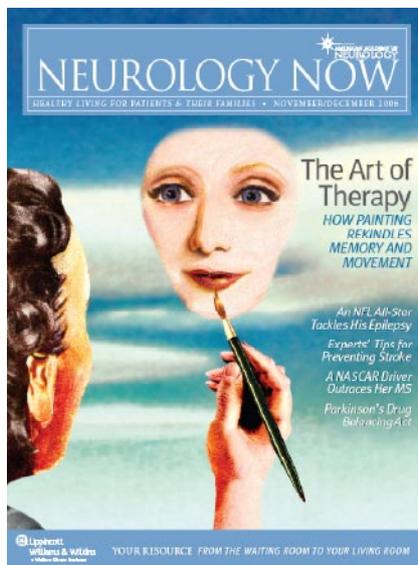
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## WEBSITE

[neurologynow.com](http://neurologynow.com) features an electronic version of the print magazine, dating to our premiere issue. The site also offers publication information, resource links, and web-exclusive content.



## Good Ideas on Stroke Care and Prevention

Having a wife with a family history of stroke, and a daughter-in-law with a recent stroke, we are acutely aware of many of the concerns voiced in “Pre-emptive Strikes” and “911: In Case of Stroke Emergency” [November/December 2006]. The simple list of queries prepared by Dr. Phillip B. Gorelick to help patients get involved in their own care opens a path to communication between doctor and patient.

Questions of proper diet and beneficial eating habits were constantly raised, as we worked with our three granddaughters on their way to maturity.

Today, as these wonderful young ladies enter the worlds of their own choosing, we pray that good ideas will continue with them. Your articles bring the subject in focus while offering realistic alternatives and suggestions. Thank you again for the service this magazine brings to its readers.

Roy McCoy  
Baton Rouge, LA

## An All-Around Good Read

The cover with Marcia Cross caught my eye; the SPEAK UP essay by Dr. Rahmani touched my soul; and the feature on Josh Blue hit my funny bone [September/October].

Coincidentally, just a few weeks before, my wife told me who Josh was when we ran into him hiking atop a

mountain trail in Georgia. Your articles are very well-written, informative, entertaining, and memorable.

I dare say that if the cover said *Sports Illustrated*, *Esquire*, *The Smithsonian* or *National Geographic*, you'd have quite a readership. I'm hoping I can become a regular reader.

Dave Cohen  
Atlanta, GA.

## Brainstormers for Traumatic Brain Injury

We appreciate your shedding light publicly on traumatic brain injury (TBI) resulting from the war [“Saving Sergeant Radke,” September/October 2006]. This condition has gone largely unrecognized by the public, and articles like yours really go a long way toward informing people about this condition and its effects.

We are the Brainstormers. We attend a school especially for people coping with traumatic brain injury four days a week. Our group is sponsored by a non-profit agency, Making Headway: Center for Brain Injury. We are politically active and engage in activities to keep the public informed about living with traumatic brain injury.

We have found strength in unity in a group of people with similar issues. Our group includes people with other brain anomalies like agenesis of the corpus coliseum, moyamoya, and asphyxia. We all face some of the same challenges in our daily lives.

We invite your readers and any returning soldiers with traumatic brain injury to visit our class or correspond with us.

The Brainstormers  
Eureka Adult School  
Making Headway  
Eureka, Calif.