: Special Events Calendar

October

14-15 Ohio Chapter Biannual Conference
Educational program on the autism spectrum
Barbara Yavorcik
Ohio Chapter, Autism Society of America
701 South Main St.
Akron, OH 44311
(330) 376-0211
e-mail: askaso@autismohio.org
www.autismohio.org

14-15 Santa Barbara MS Bike Tour and Fest
Bike rides of varying lengths to raise funds for multiple sclerosis (MS) research
Channel Islands Chapter, National Multiple Sclerosis (MS) Society
14 West Valerio St.
Santa Barbara, CA 93101
(805) 682-8783
e-mail: cat@nmss.org
www.santabarbarabiketour.com

We Want Your Input

Do you have information about resources, events, Web sites, programs or books of interest for people with neurological diseases and their caregivers? Submit your items for consideration — with complete contact information, including address, phone number, e-mail address and Web sites — to **NeurologyNow@lwwny.com** or send a fax to **(646) 674-6500.** *We want to hear from you!*

15 Walk to D'Feet ALS
Walk to raise funds for amyotrophic lateral sclerosis (ALS) research
Katherine Dunn
ALS Association of Georgia
1955 Cliff Valley Way, Suite 116
Atlanta, GA 30329
(888) 636-9940, (404) 636-9909
e-mail: alsaga-katherine@earthlink.net
www.alsaga.org

16 NYC MS Bike Tour
Fundraising bike tour in New York and New Jersey
New York City Chapter, National MS Society
30 West 26th St.
New York, NY 10010
(212) 463-7787
e-mail: msbiketour@msnyc.org
www.msnyc.org

16 A Ride for the Cure
35-mile scenic ride to raise funds for dystonia research
Lois Gebeloff
Dystonia Medical Research Foundation, New Jersey Chapter
No postal address – phone and e-mail preferred
(973) 228-2765
e-mail: norman23@comcast.net

20 Guthrie Awards Dinner
National Huntington Disease (HD) dinner in New York City
Vickie Mullin
Huntington Disease Society of America (HDSA)
505 8th Ave.
Suite 902
New York, NY 10018
(212) 242-1968
ext. 33
e-mail: vmullin@hdsa.org
www.hdsa.org

20 Dystonia Basket Bash
Dinner and basket raffle fundraiser for dystonia research
Dystonia Junior Council, Chicago Chapter
4317 Enfield Ave.
Skokie, IL 60076
(847) 679-7338
e-mail: espy18@aol.com
www.dystonia-foundation.org

22 "Think Neurology Now: Your Brain Matters" Expo
Atlanta, GA: seminars for patients; vendor displays
American Academy of Neurology Foundation
Linda Morgan
1080 Montreal Ave.
St. Paul, MN 55116
(866) 770-7570, ext. 2714
e-mail: lmorgan@aan.com
www.thinkneurologynow.org

29 Walk to D'Feet ALS
Walk in Decatur, GA to benefit ALS research
Katherine Dunn
ALS Association of Georgia
1955 Cliff Valley Way, Suite 116
Atlanta, GA 30329
(888) 636-9940, (404) 636-9909
e-mail: alsaga-katherine@earthlink.net
www.alsaga.org

November

5 New England Members Education Day and Youth Forum

Educational programs for adults and young people on HD

New England Chapter, HDSA
1253 Worcester Road, Suite 202
Framingham, MA 01701
(888) 872-8102, ext. 13
e-mail: Virginia@hdsa-ne.org
www.hdsa.org

5 Educational Symposium on HD

Annual educational program on the challenge of HD

HDSA Center of Excellence at the University of Virginia
Susan Dietrich
Adult Neurology
P.O. Box 801018
Charlottesville, VA 22908
(434) 243-5422
e-mail:sjd3c@virginia.edu
www.hdsa.org

5-6 2005 MS Best Dam Bike Tour

174-mile bike tour into California to raise funds for MS

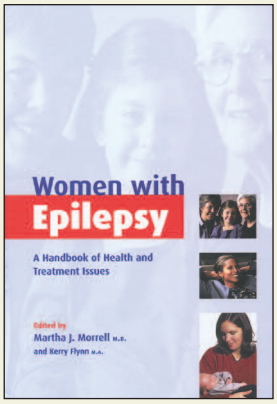
Arizona Chapter, National MS Society
315 South 48th St., Suite 101
Tempe, AZ 85281
(480) 968-2488
e-mail: info@dsw.nmss.org
www.nationalmssociety.org/aza
e-mail: beth.west@alstn.org
www.alstn.org

9-12 National MS Conference

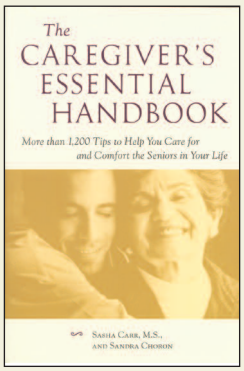
Conference in Atlanta, GA for MS researchers, volunteers and patients

National Multiple Sclerosis Society
733 Third Ave.
New York, NY 10017
(212) 476-0452
e-mail:
nationalconference@nmss.org
www.multiplesclerosissociety.org

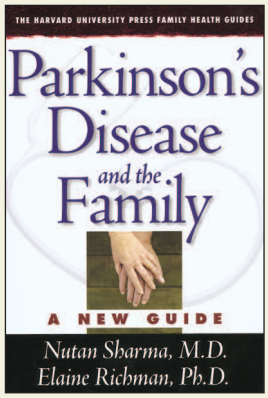
:: Good Reads



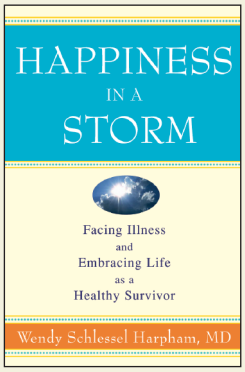
Women with Epilepsy (Cambridge University Press, $32.99) Edited by Martha J. Morrell, M.D., a professor of Clinical Neurology at Stanford University Medical Center in Stanford, Calif., this book provides a comprehensive overview of how epilepsy affects women. Look for up-to-date information on the impact of epilepsy on the hormonal cycle, reproductive issues, menopause, pregnancy and parenting, as well as legal and work concerns. The book was developed in collaboration with the Epilepsy Foundation as part of its Women and Epilepsy Initiative. To read excerpts, go to www.epilepsy-foundation.org, click on the "Women & Epilepsy" link and then on "Handbook Excerpts."



The Caregiver's Essential Handbook: More than 1,200 Tips to Help You Care for and Comfort the Seniors in Your Life (Contemporary Books, $14.95) Caring for an elderly loved one can seem insurmountable, but this handy book breaks it down into easy-to-accomplish steps. Readers will find useful advice about finances, home safety, nutrition, exercise, travel and finding help for the caregiver. There are also chapters on depression, memory loss and dementia, hearing and vision loss and incontinence.



Parkinson's Disease and the Family: A New Guide (Harvard University Press, $15.95) This book, by Nutan Sharma, M.D., a neurologist, and health writer Elaine Richman, Ph.D, helps the families of Parkinson's disease (PD) patients deal with the disease and its impact on the family. The book discusses risk factors, diagnosis, conventional and alternative treatments, how to navigate the health care system and clinical trials, as well as addresses intimacy and sexual issues, depression, dementia and arranging for long-term care.



Happiness in a Storm: Facing Illness and Embracing Life as a Healthy Survivor (W.W. Norton, $26.95) This book by Wendy Schlessel Harpham, M.D., whose bout with reoccurring lymphoma inspired her to become an author, is written for anyone facing a debilitating illness. Dr. Harpham offers practical guidance on how to find medical information, decide on a treatment plan and choose the best doctors to carry it out. But she also focuses on the healing power of relationships that can lead to joyful living, even in the face of illness.