

Every **66** seconds a new brain develops **Alzheimer's**.
2/3 of them belong to **women**. No one knows **why**.
We're **determined** to find out.



MARIA SHRIVER AND EQUINOX SPORTS CLUBS INVITE YOU TO

MOVE FOR MINDS

TRAIN YOUR BRAIN. TRAIN YOUR BODY. MAKE THEM LAST A LIFETIME.

Benefiting the Women's Alzheimer's Movement*

ONE DAY. EIGHT CITIES. MILLIONS IMPACTED.

JUNE 4, 2017

Boston | Dallas | Los Angeles | Miami | New York | Orange County | San Francisco | Washington DC

A FUN 3-HOUR EXPERIENCE FOCUSED ON THE MIND-BODY CONNECTION

- **Exercise** your brain and body with a specially designed fitness experience
- **Engage** in a brain healthy marketplace with friends, food, books, experts and more
- **Educate** yourself with a panel of superstars in brain research, fitness, nutrition and more
- **Empower** yourself to save your brain and help wipe out Alzheimer's

JOIN OUR MOVEMENT TODAY.
SIGN UP & RAISE FUNDS AT MOVEFORMINDS.ORG

*Money raised will support women-based research in our fight to discover why Alzheimer's discriminates against women. | info@moveforminds.org